

COVID SAFETY

BEFORE THE EVENT

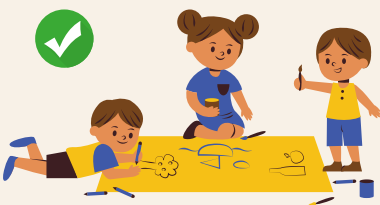
last updated 5/27/22



1

Make sure you are up to date on COVID vaccines.

There is increased risk of transmission by, infection of and severe illness to a non-vaccinated person. Children under 5 are not currently eligible for vaccination.



Children under 5 are exempt

2



Take a PCR or rapid test 72 hours prior to departure

PCR tests are more sensitive than rapid tests at detecting COVID-19 infection, and are therefore preferred to a rapid antigen test. PCR tests, however, can be difficult to attain and are more expensive when needing a quick result.

3

Gather proper vaccination documentation.

Please submit proof of up to date vaccinations either during online registration or on-site during check-in.



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COVID SAFETY

DURING THE EVENT

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Negative rapid test upon arrival (provided by FGC).

Testing everyone upon their first arrival at the event helps account for asymptomatic transmissions.

1



Outside:
Required for close contact activities



Inside:
always mask

2

Properly wear approved masks whenever/wherever required.

Proper masking and distancing have been shown to effectively reduce the likelihood of transmitting the aerosolized SARS-CoV-2 virus. Youth under 5 years old are exempt from masking.

3

Self-Check symptoms daily before leaving on-site residence.

If you have symptoms, remotely contact staff for a self-test delivered to your door.



4

Participate in mid-event rapid testing for any event 5 days or longer.

The hope is to identify anyone who was exposed to SARS-CoV-2 while traveling to the event.



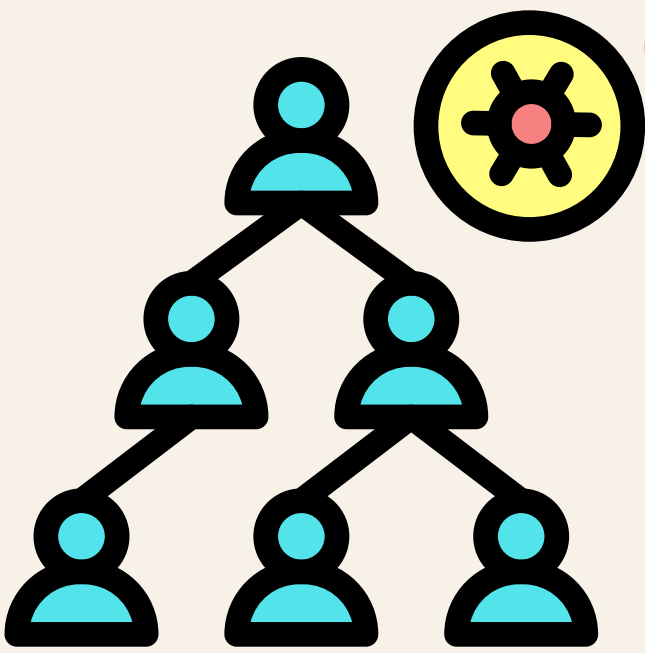
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COVID SAFETY

AFTER THE EVENT

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1

Participate in contact tracing.

Many event host sites require FGC to file a contact tracing plan before they allow use of their facilities. The details of how contact tracing will be will vary according to the event and the facility.

Symptom monitor and test if symptomatic.

By attending an event, there is risk of exposure.

2



3

Report to FGC if you get a positive COVID-19 test within 2 weeks after the event.

By reporting a positive COVID-19 test to FGC, it allows FGC to follow appropriate protocols of notifying others of possible exposure. Email or call the FGC staff person in charge of your event.

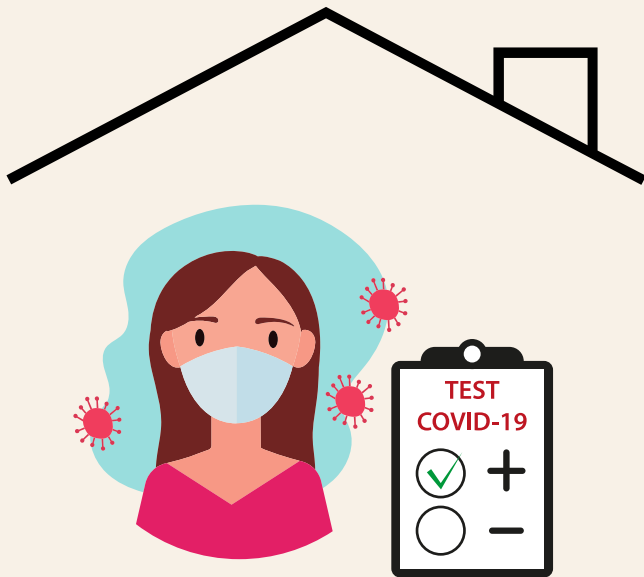


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COVID SAFETY

POSITIVE COVID TEST

last updated 5/27/22



1

Stay home if you receive a positive COVID test within 72 hours prior to arrival at the event.

Protecting the community is the primary concern. The monetary impact of canceling participation is secondary.

If the positive test occurs while onsite; plan to quarantine off-site, at the individual's expense.

2

Quarantine reduces the further exposure and spread of COVID-19 in the community.



3

In either case, if the event has a virtual option the individual can participate virtually at no additional charge; or cancel.

Refunds or partial refunds will depend on each event's specifics. Please discuss with the FGC staff responsible for the event.

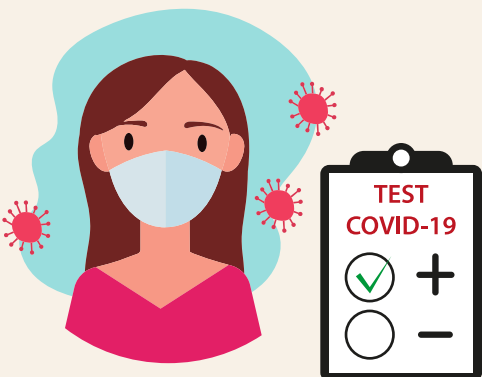
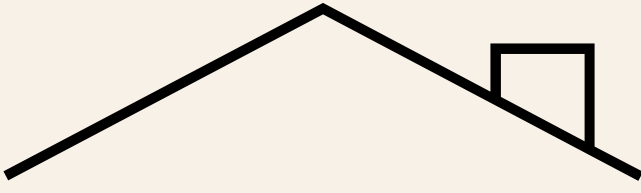


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COVID SAFETY

DAILY SYMPTOM SELF-CHECK GUIDE

last updated 5/27/22



1

Are you Experiencing:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If yes, please stay in your residence and call [COVID GOOGLE VOICE NUMBER] or [event lead].

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2



3

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