Spiritual Deepening Program

**Bringing Spiritual Deepening to Your Meeting**  
*Monday, July 4th, 1:30pm; Henrita 106*

Come learn about the Spiritual Deepening Program and how to bring it to your meeting starting in Fall 2016. The group will have the opportunity to participate in an activity from the program on the topic of *Silence & Expectant Waiting.*

**Spiritual Deepening for Kids and Families**  
*Tuesday, July 5th, 3:15pm; Henrita 106*

This session will explore how the Spiritual Deepening Program invites adults and children to explore Quaker spiritual practices. The group will have the opportunity to participate in an intergenerational activity from the program.

**Interest Group: Deepening in the Life of the Spirit: An interactive presentation about the Spiritual Deepening Program**  
*Tuesday, July 5th, 7pm; BAC: Family Theater*

The new Spiritual Deepening Program seeks to deepen the life, worship, and witness of Quaker meetings and individuals. Come participate in a Spiritual Deepening Exercise on the topic of *Becoming Patterns and Examples* and learn how to bring the program to your meeting in the fall.

**Spiritual Deepening for Small Meetings and Isolated Friends**  
*Thursday, July 7th, 4:30pm; Henrita 106*

Come learn about how the Spiritual Deepening Program may speak to the unique needs of small meetings and/or isolated Friends and participate in an activity on the topic of *The Light, Seed, Christ Within.*

Learn more at [www.fgcquaker.org/spiritual-deepening](http://www.fgcquaker.org/spiritual-deepening)