

HEALING CENTER

Regina Hall: Fireside Lounge

Organizational Meeting: Sunday, July 3, 4:30 pm

DESCRIPTION: The Healing Center is a place to BE, just as we are, with our talents and strengths, our ills and wounds, on holy ground. It is a place for us to teach and learn, to give and receive healing modalities in a safe and sacred space. There will be a staff of volunteers, some professional therapists, some talented amateurs. If you have a technique that you would like to share, please come to the organizational meeting Sunday afternoon at 4:30 PM. **The organizational meeting is for Healing Center volunteers only, be they greeters, persons holding space, healing modality practitioners, or compassionate listeners.**

There are 3 ways to experience a healing session:

- Sign up for an available time. Sign up cards will be posted on or near the door of the Healing Center for each day. . Some practitioners prefer to have persons sign up.
- Drop in. Talk with a greeter about what you're looking for, ask questions and find out what modalities might be available. Other practitioners prefer to work with persons "dropping in". Center yourself while waiting. Bask in the energy of the Center.
- As a volunteer. Come to the organizational meeting on Sunday. Sign up to share your gifts of healing. Indicate your available days, times, modality and approach and your cellphone number at the organizational meeting. Or you may contact one of the coordinators via the message board, or speak with a greeter at the Healing Center, or come see us at daily Meeting for Worship in the Healing Center, 7:30 AM to 8:00 AM Monday-Friday.
REMEMBER, if you share as a giver, you become part of the Healing Center. That means that you must practice confidentiality, respect emotional privacy, and check with the participant first about touch that feels appropriate to that person.

THE HEALING CENTER IS OPEN:

For Meeting for Worship from 7:30 AM to 8:00 AM Monday through Friday. This is unprogrammed worship, holding the entire Gathering in the Light. All are welcome.

Monday through Thursday, 1:30PM –5 PM, Friday 1:30 PM to 3:30 PM for individual sessions (Reiki, Therapeutic Touch, Compassionate Listening, cranial-sacral, etc.; the availability of a particular modality depends entirely on practitioners volunteering their time as led).

The schedule for any group participation or demonstrations, (e.g., yoga, qigong, guided meditation) being offered through the Healing Center will be discussed at the organizational meeting on Sunday.

REMEMBER: Some people have chemical/ environmental allergies. Please keep the Healing Center clean and fragrance free.

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