

## Participant Expectations for FGC High School Program

Program guidelines for participants (a separate document) are reviewed each year to insure that they reflect our collective wisdom on creating a safe and nurturing community. You indicate your acceptance of these guidelines by your attendance in the program.

Should you have any concerns about the guidelines, you may raise them with staff, or in the High School Meetings for Business in the Spirit of Worship. Participants who are unable to function within the context of the High School Program and/or Gathering guidelines may be asked to spend time away from the program (housing with parents/sponsors) or may be asked to leave the program. Please note that you cannot check-in at Gathering until your parent/sponsor has arrived.

## WHAT TO BRING

You will need clothes for one week, including a swimsuit and towel; toiletries and personal items; sunscreen and insect repellent; a hat; a water bottle; an alarm; a fan for your room, if you are driving (it's likely to be HOT); and some spending money. Also bring things for your free time, such as, musical instruments (for jam sessions and the talent show), equipment for your favorite sports, things for group activities such as cards or board games, and things for personal time, favorite books, a journal, etc. If you leave anything of value in your room, such as stereos or musical instruments, please make sure you lock your room.

## SMOKING POLICY IN THE FGC HIGH SCHOOL PROGRAM

Smoking has been a major area of concern within the High School Program for several years. The following guideline has evolved over many Gatherings. The most recent changes were approved by the High School Program during Meeting for Worship with a Concern for Business in 2005.

Beyond legal considerations there is the growing discomfort of many Friends of all ages that we are failing young people by taking the easy way out on this difficult issue. Faced with the fact that smoking is addictive and harmful to health of those who smoke and



those who breathe smoke second-hand, love compels us to act. Our goal is not to create the appearance of a smoke-free high school program by forcing smokers underground, but to do what we can during the week to help people quit and to discourage others from starting.

In various years, Friends have minuted the importance of the history of this minute and the weight of the smoking issue. The need to continue to re-visit and discuss it each year is imperative, so as not to lose a sense of ownership and to show extreme care, love and respect to one another in this sensitive matter.

The following guidelines for smoking were approved:

- There will be no smoking in University buildings.
- There will be no smoking within fifty feet of buildings.
- There will be no smoking on walkways located near buildings.
- There will be no designated areas for smoking.
- Butts should be properly disposed of.
- Those who are unable to function without smoking a cigarette will be asked to smoke outside, away from non-smokers and to voluntarily refrain from turning smoking activity into an extended group social interaction.
- Those who need to smoke after curfew will ask a counselor to accompany them outside for a brief smoke and then return promptly to the dorm.
- Those who smoke will be asked to observe a strict "no-bumming" rule as a means of discouraging people from starting to smoke.
- A group will be formed, open to people who smoke, those who do not smoke, and those who have been able to quit, to explore how best to support each other and free ourselves from this addiction.

This document was downloaded from the website of Friends General Conference. Explore the many resources and opportunities we offer for Quakers, Quaker meetings, and all interested individuals. Go to www.fgcquaker.org.

